

Erin Kelley-Soderholm, M.Ed., Ed.S.

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EDUCATION

Doctoral Fellow, University of Florida, Department of Counselor Education, Gainesville, FL, 8/06-5/07

Specialist in Education, University of Florida, Department of Counselor Education, Gainesville, FL, 8/06

Master of Education, University of Florida, Department of Counselor Education, Gainesville, FL, 8/06

- Dual-concentration coursework and supervised clinical preparation for licensure as a marriage and family therapist and mental health counselor.

Bachelor of Science, University of Florida, Gainesville, FL, 12/99

- Psychology major, English minor, Honors Program, Psi Chi Honor Society, Golden Key Honor Society, Florida Academic Scholar, Zeta Phi Beta Scholarship Recipient, Marine Corps Scholarship Recipient.

PUBLICATIONS

Online Articles

- Kelley-Soderholm, E. (2009, March). *The grieving process*.
<http://www.bellaonline.com/articles/art8426.asp>
- Kelley-Soderholm, E. (2009, March). *Compare mental health professionals*.
<http://www.bellaonline.com/articles/art5296.asp>
- Kelley-Soderholm, E. (2009, March). *Depression and exercise motivation*.
<http://www.bellaonline.com/articles/art61580.asp>

Magazine Article

- Kelley-Soderholm, E. (2009, March). Net maker weaves for cast of characters. *Water's Edge*, 20.

Professional Journal Articles

- Murray, C.E., Kelley-Soderholm, E.L., & Murray, T.L.. (2007). Strengths, challenges, and relational processes in families of children with congenital upper limb differences. *Families, Systems, & Health*, 25, (3).
- Murray, C.E., Lampinen, A., & Kelley-Soderholm, E.L.. (2006). Teaching family systems theory through service-learning. *Counselor Education and Supervision*, 46, (1).

National Newsletter

- Kelley-Soderholm, E.L. & Vargas, L. (Eds.). (2007). *CSJ Activist: The newsletter of Counselors for Social Justice, a Division of the American Counseling Association*, 7, (1).
http://counselorsforsocialjustice.com/csj_newsletter_7_1.pdf.

WRITING AND TEACHING

Mental Health Editor, BellaOnline, 3/09-present

- Write original content for the second largest women's website on the internet.
- Moderate the mental health forum and publish a weekly newsletter for over 600 subscribers.

Freelance Editor, Penvision, Jacksonville, FL, 5/05-present

- Write and edit marketing and communications copy for commercial businesses.
- Edit graduate-level theses, application letters, dissertations, and resumes.

Community Columnist, *Life Is Now*, Jacksonville.com, 1/09-present

- The *Life Is Now* column encourages readers to cultivate self-care and mindfulness.
- On three occasions, the Florida Times-Union featured Erin and *Life Is Now* as "Making a Difference" and "Worth Clicking."

Editor, *CSJ Activist*, Counselors for Social Justice, 7/06-7/07

- Edited and published electronic newsletter for Counselors for Social Justice, a division of the American Counseling Association.
- Contributed items, edited content, designed layout, and published via Microsoft Publisher.

Teaching Assistant, University of Florida Reading and Writing Center, Gainesville, FL, 7/04-12/05

- Tutored students in reading, writing, and study skills.
- Created educational modules to reinforce writing concepts.
- Emphasized student strengths to reduce test and writing anxiety.

COUNSELING AND SOCIAL SERVICES

Volunteer Counselor, Camp Hands to Love, Starke, FL, 3/05, 3/06, 3/07, 3/09

- Design and lead self-care workshops for caregivers of children with special needs.
- Facilitate parent discussions and support groups.

Family Preservation Therapist, Clay Behavioral Health, Middleburg, FL, 08/07-12/07

- In-home counseling of families reunified after separation or those at risk for child abuse and neglect.

Counselor Intern, Alachua County Crisis Center, Gainesville, FL, 1/05-12/05

- Therapeutic collaboration with individuals, couples, and families.
- Counseled emergency walk-ins and returning clients; themes included depression, childhood abuse, divorce, domestic violence, chronic illness, grief, and suicidality.
- Directed suicide education workshops for teachers, counselors, and students to aid in the understanding, identification, and support of suicidal students.

Care Team Consultant, Alachua County Crisis Center, Gainesville, FL, 1/05-12/05

- Responded to field-based crises at the on-call request of community members and law enforcement.
- Advised phone counselors during urgent or dangerous calls; initiated emergency response teams as necessary.

Graduate Mentor and Trainer, Center for Sexual Assault/Abuse Recovery and Education, University of Florida, Gainesville, FL, 9/04-6/05

- Outreach, training, and seminar education to raise awareness of sexual assault risk reduction techniques.

Case Manager, Alachua County Health Department, Gainesville, FL, 11/00-12/03

- Assessed psychosocial needs and provided education, support, and advocacy for 70 HIV-positive clients of the Ryan White and Project AIDS Care programs.
- Enhanced continuity of care via clinic and field home visits; trained new case managers; administered HIV counseling & testing.

Support Group Facilitator, Rainbows Program, Gainesville, FL, 10/02-11/02

- Facilitated a support group for adolescents experiencing grief due to parental death, separation, divorce, or custodial changes.